

# Initiating the Psychological Health and Safety Conversation

Designed for HR and OHS practitioners, as well as leaders, SPARK invites participants to be part of a community of learning and sharing of best practices in order to improve workplace psychological health and safety. The program was developed in response to member feedback and changing workforce and operational needs in an endemic environment. SPARK is offered exclusively through AMHSA in conjunction with our strategic partner Ember Experience.

## Option 2: COMMUNITY - \$13,500 +GST

This option is for those seeking to build a strong network of learning and an opportunity to exchange ideas and best practices, share tools, create strategic alignment and build awareness.

# What you get

#### **ONBOARDING**

This discovery step orientates, informs, and integrates stakeholders to the program, sets expectations and determines next steps over the coming months.

Deliverable: One 30 min presentation to senior leaders. One 2-hour facilitated session with Impact stakeholders

#### STRATEGIC SUPPORT

Guided sessions based on unique needs and priorities.

Topics may include:

- Strategy alignment-refinement
- Value alignment-refinement
- Policy alignment-refinement
- Employee engagement

- Psychological Health and Safety Management System (PHSMS) integration
- Program review and evaluation
- Governance

Deliverable: 5 hours dedicated coaching time with each municipality.

## **QUARTERLY CONNECTS**

Virtual space for program participants to learn, collaborate, and create program accountability.

Deliverable: Four 3-hour sessions per year

#### **COMMUNITY FORUM**

Online platform (powered by AMHSA) to share information and tools, ask questions and provide support. A discussion topic/question will be posted by a moderator and a final reflection will be posted.

**Deliverable:** Facilitated forum discussions

## TRAINING AND DEVELOPMENT

Sessions designed to help create awareness on how individuals and/or leaders can contribute to building a psychologically safe culture

Deliverable: 90 minutes

#### Contact us for additional information:

Email: olana@amhsa.net
Toll-free: 1-800-627-9764
Direct: 1-800-267-9764 ext. 307



